

South Africa Kenya and Tanzania

African Music, Culture, Safari and Community Development

Day 1: Depart Melbourne to Cape Town arriving same day.

Day 2: After breakfast (around 1000) we will take a ferry to Robben Island where Nelson Mandela and many other political prisoners spent decades imprisoned during the Apartheid era.

We then we start an introduction walk down to the waterfront where many street musicians perform regularly. Afri-can guitar shop. The Original Electric Oil-can Guitars are manufactured by hand to exacting musical standards, they are made from selected oil cans and a combination of hard woods. The guitars are based on traditional African instruments having originated from the "ramkiekie", a four stringed oil can guitar invented by the Khoi, when coming into contact with early European settlers. Many African musicians learned their guitar playing skills on a home made oil can guitar including Jimmy Dludlu, Siphiso Gumede, Alan Kwela and many others.

Day 3: After breakfast, we will drive up to the flat-topped Table Mountain, which provides the best views of the city. We will head back to Cape Town for the Cape Town city tour. In the afternoon visit the foreshore, arts and crafts market. In the evening we will continue our exploration of the nightlife in Cape Town. (B)

Don't forget to look for local food, ostrich, springbok and malva pudding? Or bobotie, waterblommetjie bredie and chakalaka?

Day 4: After breakfast there is free time for personal visits to Long St and the markets for shopping.

At about 1200 we will commence a special guided tour of the local township area. This is known as the Uthando Tour visiting a range of interesting projects such as a group of local women operating a very successful organic vegetable growing business a music/theatre group that engages local youth. Some local performances will happen - just not sure what. Later we go to the famous Amy Beil school for an after school performance. Dinner will be at a local eatery known as Mama Noks and then for those who wish a local bar known as Mzoli to see if anything is happening.

Accommodation this night will be the unique experience of local homestays. Homestays are residential homes where local South Africans can offer services that cannot be often found from that of the Hotel. They provide you with intense social contact where the home owner and his or her family share the space together with visitors. In a homestay visitors

are turned into members of the family and are welcome to behave and talk as locals do. Homestays usually consist of 2 to 3 bedrooms with bathroom or shower inside. The host is always available when visitors are checking in. Bathrooms will be sharing and will either have a shower or a bath (Not both!). As these are local homes, some with kids at home, we suggest that this night be an early return, about 10pm

Day 5 : Depart Cape Town airport at 1050 to Johannesburg arriving at 1250. Meet other members of group who did not take the Cape Town extension. This evening we will eat locally as a group at a venue with music. Some may turn in early others might linger. Meals as per airline plus local dinner.

Day 6: In the morning after breakfast we'll head to Soweto. It is often remarked that the history of South Africa lies in Soweto! A tour of Soweto is therefore a must when visiting South Africa. However, it is not easy to get around on your own. The tour of Soweto includes some major historical landmarks such as:

The original house in which Nelson Mandela and his family lived before he was sent to prison in Robben Island near Cape Town.

The Hector Pieterse Museum, built in memory of the victims of the Soweto uprising
The Regina Mundi church, the largest catholic church in Soweto

The Oppenheimer Tower which provides a unique view of Soweto.

Having lunch in one of the local restaurants in Soweto is a special treat. Most specialize in African cuisine. Soweto is also the birthplace of most of South Africa's township music and is home the multi Grammy award winner the Soweto Gospel Choir whom we hope to visit during our visit to Soweto.

Don't forget to look for local food... ostrich, springbok and malva pudding? Or bobotie, waterblommetjie bredie and chakalaka?

In the evening, we will check out a live music venue in Johannesburg. Johannesburg boast several clubs where you can hear live township jazz. There is also a choice of venues where one can dance to the sound of Mbaqanga, or Kwaito, the music of choice of South African youth, which is best described as hip hop with South African flavour. With a bit of luck we may even see a live performance based on Iscathimiya, also known Mbube, a style made popular by Ladysmith Black Mambazo.

Day 7 : In the morning after breakfast we will visit some of the city's great museums including the Apartheid Museum, Maropen Cradle of Humankind and the Africa museum.

In the afternoon, we will visit an Art and Craft market and record store in downtown Johannesburg, hoping to meet with a local music celebrity (to be confirmed). In the evening we will head to a different live music venue.

Day 8: Depart Johannesburg to Nairobi. Arrive and transfer to hotel. In the evening we will see some more music and have a meal together.

Day 9: Nairobi. Today begins with a short driving introduction to Nairobi. A visit will be made to the famous David Sheldrick Wildlife Trust property which includes an amazing Elephant and Rhino Orphanage. This institution is at the forefront of the fight against the ivory and Rhino horn trades. We then move on to the Nairobi Museum, which houses some of the most important exhibitions pertaining to the archaeological discoveries related to our early ancestors. In particular there is much about the ground breaking discoveries by Dr Leaky in the 1960's and onwards. You can see casts of Australopithecus. We will visit the sight of this most famous discovery on our safari programme in Tanzania.

The rest of the day is free... perhaps consider a visit to the Nairobi market. There will be an evening at a music venue.

Day10: Depart Nairobi by Shuttle Bus service to Arusha in Tanzania. Approx times at this stage are departing Nairobi at 0800 arriving Arusha

1400. We will be collected from the bus terminus and transferred to Moivara Lodge in the heart of beautiful, natural scenery and only 7 km from the centre of Arusha itself. The rest of the day you are free to enjoy this establishment! (B)

Day11: Start our Safari - Safari, in Kiswahili, simply means "journey". But in English it has become a synonym for a wildlife viewing adventure in the African bush. We now start of real camping experience. Drive to Manyara with picnic lunch. Game drive and overnight at Migunga camp. (BLD) Lake Manyara National Park is a beautiful and incredibly diverse park for its size (only 325 square kilometres/125 square miles) and is well known for its tree-climbing lions, elephants and large troops of baboons. The Park is home to an amazing variety of birds and animals and its lush green jungle habitat is of stark contrast to other parks in Tanzania.

Day12: Transfer to Serengeti National Park with picnic lunch. Evening at leisure.

Day13: Morning and afternoon game drives Serengeti.

Day14: Morning game drive: Serengeti. We then depart for Karatu (Ngorongoro). On route we stop to visit one of the most famous archaeological sites dealing with early man. This is the Ol Duvai Gorge, scene of the ground breaking fossil discoveries by Dr Leaky. Here you can see footprints from one of our early

ancestors which have been frozen in rock. Tonight we sample the stunning views and surrounds of Crater Forest Lodge.

Day15: Full day tour of the Ngorongoro Crater. Return to lodge for the night.

Day16: Today we conclude our safari, hopefully with the same number of participants as we started out with. Transfer back to Arusha – deliver to community aid programme.

The schedule of events and activities at the school will become more evident as we get closer. As an 'idea' this is how the first 2 days could run;

Arrive at School of St. Jude (time ?). Room allocation. introduction to St. Jude's (general health & hygiene, safety& security, diet, activities planned for the following day, etc.). Further activities depend on arrival time and which day of the week the group arrives.

Day17: African Community Aid stay.

08:20am

Watch students arriving at the school in our colorful school buses.

08.45-9.45am

Tour of St. Jude's, Moshono campus (the original campus).

10.05-10:25am

Break time, a chance to interact with the students and staff.

10:30-11:00am

Meeting with either Gemma, Founder and Director of the

School or Kim, Deputy Director of St. Jude's (pending on availability).

11:10-11:50am

Attend classes with the students (note that only the following classes can be visited: PE, art, music, computer studies or library studies). We will try to organise a special art or music project you can work on with some students.

12:30-1:10pm

Lunch with students in the dining hall.

1:30-3:30pm

Opportunity to visit a local government school to see the reality of a school in Tanzania and the vast difference between St. Jude's and the majority of schools in the Tanzanian education system

OR

Project work (painting benches, helping out in the library and wherever assistance is needed).

3:30-4:30 or 5:00pm
(depending on bus route)

Opportunity to enjoy a bus ride home with the students in the afternoon. This is a round trip from the school and gives you an opportunity to see the local area and meet the students.

Day18: African Community Aid stay.

Day19: African Community Aid stay.

Day20: Depart by shuttle bus which stops at Nairobi airport before going into the city itself. Departure flight from Nairobi

Day21: Arrive Australia
